#### **APPLICATION FORM**

Athlete Name		
Grade Level: School (circle): Sabina Middle School	 New Vienna High School	
T-Shirt Size (CIRCLE): YS – YM – YL - S – M – L – XL- 2XL		
Father's Name:		
Phone:		
Mother's Name:		
Phone:		
Any medical or allergy conditions? Yes No If yes, please explain:		

### LIABILITY WAIVER

Must be completed and returned with application.

I give my permission for my child to participate in the East Clinton Local Schools Summer Camp. We will not hold liable the camp directors, counselors, staff, East Clinton Local Schools or their staff for any personal theft, illness or injury sustained while attending.

Signature of Parent or Guardian / Date

#### 10 REASONS WHY KIDS SHOULD WRESTLE

- 1. Wrestling develops athleticism
- 2. Wrestling promotes personal responsibility
- 3. Wrestling develops mental and emotional resilience
- 4. Wrestling teaches about nutrition and weight management
  - 5. Wrestling develops leadership skills
  - 6. Wrestling teaches discipline and accountability
- 7. Wrestling brings people together from all backgrounds and cultures
- 8. Wrestling promotes self mastery and focus
- 9. Wrestling teaches self-defense
- 10. Wrestling can provide opportunities to travel and further education

# Registration must be received by October 16, 2023.

Camp shirts may not be available for applications received after October 16th.

Applications will be accepted in person or by mail. Applications will not be processed unless accompanied by payment.

PLEASE COMPLETE AND RETURN TO:

Doug Stehlin
East Clinton Middle School
174 Larrick Road
Sabina, Ohio 45169

FOR INFORMATION OR REGISTRATION
Please contact:
Doug Stehlin - Cell (513) 520-9031

Doug.Stehlin@eastclinton.org

# EAST CLINTON WRESTLING CAMP

Sponsored by the East Clinton
Athletic Boosters





November 1st-4th For Grades K-6

& Grades 7-12

# WRESTLING CAMP

A relaxed, competitive spirit that builds self-confidence and inspiration... that is what we gear East Clinton's Wrestling Camp to deliver to every camper. All this takes place in a learning environment that is safe, secure and positive.

We focus on learning in a fun atmosphere. Our teaching methods emphasize the development of sound fundamentals and coaching by camp directors who are dedicated to the development of our young athletes as wrestlers and as confident individuals. Instruction will be provided by Varsity, Jr. Hig, Youth coaches and special guest coaches.

### **CAMPERS NEED TO BRING**

- Campers need to wear shirts and shorts.
- Campers should wear wrestling shoes if you have them. If not, you may look in our box to find a pair that fits or may wrestle in socks.
- Headgear is encouraged if you have one.

#### **CAMPERS WILL BE PROVIDED WITH**

- Individual attention
- Fundamental drilling
- Setups and Takedowns drilling
- Top work drilling
- Bottom work drilling
- LIVE WRESTLING!!!
- Locker room access
- Camp T-Shirt

#### **CAMP FEATURES**

**WEDNESDAY** - Instruction by Coach Stehlin

**THURSDAY** - Instruction by Coach Joe Maiani of Cincinnati Elite Wrestling Academy

FRIDAY - Instruction by Head Coach Chris Basford of Wilmington College SATURDAY - Instruction by East Clinton coaching staff

SUNDAY - East Clinton Open hosted by ECYW and A+ Sportswear & Tournaments.

This is a separate event from camp and you will need to register and pay at http://register.ohioathletics.com

# **CAMP HOURS & LOCATION**

New Wrestling Room

Day	Grade	Time
11/1	7-12	4:30-6:00
	K-6	6:00-7:30
11/2	7-12	4:30-6:00
	K-6	6:00-7:30
11/3	7-12	4:30-6:00
	K-6	6:00-7:30
11/4	7-12	9:00-10:30
	K-6	10:30-12:00

### CAMP FEE

The fee for East Clinton's Wrestling Camp is \$30.00.

Make checks payable to: East Clinton Athletic Boosters

The Fee Includes: T-shirt